

Innerlight Teacher Training 2008-2009 Application Checklist

Please complete and sign checklist.

Send checklist, application, recommendation and tuition fee to:

Innerlight Center for Yoga
850 Aquidneck Ave.
Middletown, RI 02842

I affirm that I meet the following prerequisites:

- * I have a dedicated yoga practice of at least 3 years (class or home practice multiple times per week)
- * I have a strong desire to learn more about myself through the practice and teaching of yoga
- * I am of sound physical and mental health

I fully commit to:

- * Attend all teacher training sessions
- * A daily practice during teacher training (60 minutes for 6 days a week)
- * Complete assigned homework between sessions

Attached is:

- * Completed Application
- * Recommendation from a yoga teacher
- * Tuition fee: \$2350 before Sept 15 / \$2450 after
Enclose personal check or call 849-3200 to make arrangements to use Visa or MasterCard
(Tuition includes a \$50 non-refundable application fee)

Signature

Date